

Certificate in Yoga Teacher Training 瑜伽導師訓練證書
HS175A / 2290-xxxxAW
YTT21

No.	Date	Yoga	
		9:00 - 14:00	15:00 - 18:00
1	20/06/2025	8	
2	27/06/2025	8	
3	04/07/2025	8	
4	11/07/2025	8	
5	18/07/2025	8	
6	25/07/2025	8	
Holiday	01/08/2025	0	
7	08/08/2025	8	
8	15/08/2025	8	
9	22/08/2025	8	
10	29/08/2025	8	
11	05/09/2025	8	
12	12/09/2025	8	
Holiday	19/09/2025	0	
13	26/09/2025	8	
Holiday	03/10/2025	0	
14	10/10/2025	8	
15	17/10/2025	8	
16	24/10/2025	8	
17	31/10/2025	8	Exam
18	07/11/2025	8	Exam
19	14/11/2025	8	Exam
20	21/11/2025	8	Exam
21	28/11/2025	8	Exam
22	05/12/2025	8	Exam
23	12/12/2025	8	
24	19/12/2025	8	
Holiday	26/12/2025	0	
25	03/01/2026	8	
後備日	10/01/2026	0	
後備日	17/01/2026	0	
後備日	24/01/2026	0	
Total hours:		200	

Time: 9:00 - 14:00 & 15:00 - 18:00 (Every Friday)

Venue: 1101 Sports Lab, 11/F

Island East Campus

494 King's Road, North Point, Hong Kong