# Healthcare, Sport and Wellness 健康護理、

## Advanced Certificate in Exercise Rehabilitation and Nutrition Therapy for Sports Injuries Programme Code: HS190A

### Application Code: 2070-HS190A



3762 0833

HK\$16,800 Application Fee: HK\$150 timothy.yeung@hkuspace.hku.hk

Treatment of sports injuries at the right time with proper technique, equipment and diet are crucial for full recovery. The combination of nutrition and physical therapies is essential to promote optimal outcomes. This programme aims to provide knowledge and skills in the areas of exercise rehabilitation and nutrition therapy for those who are interested in the treatment of sports and exercise injuries, such as athletes, personal trainers, coaches, nutritionists, dietitians and other health professionals. In addition to the basic principles of exercise rehabilitation and nutrition therapy, cutting-edge scientific based strategies and practical skills for injury recovery will also be covered.

Level 4 (Reg. No.: 21/000348/L4) Validity Period: 01 Jun 2021 - on-going



# 長者基本物理治療技巧基礎證書

課程編號:HS159A

2975 5688





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此課程為學員提供基礎物理治療技巧和長者復康的理論與技巧,以協助院舍內或家 庭中的長者進行基礎運動治療、預防摔跌及常見的神經系統疾病例如帕金森氏症或 中風患者的物理治療方法。

HK\$8 800 報名費用: HK\$150 D 4個月

資歷架構級別:2 資歷名冊登記號碼:19/000096/L2 資歷名冊登記有效期:2019年5月6日-持續有效

# 輕鬆愛入,享受個人化體驗

全新HKU SPACE 網站帳戶現已登場



- 快捷活動登記
- 加入書籤
- 比較課程
- 個人化課程推介





This is an exempted course under the Non-Local Higher and Professional Education (Regulation) Ordinance. 根據(非本地高等及專業教育(規管)條例),本課程屬獲豁免課程。 It is a matter of discretion for individual employers to recognize any qualification to which this course may lead. 個別僱主可酌情決定是否承認本課程可令學員獲取的任何資格。 These are exempted courses under the Non-Local Higher and Professional Education (Regulation) Ordinance. 根據(非本地高等及專業教育(規管)條例》,這些課程屬獲豁免課程。 It is a matter of discretion for individual employers to recognize any qualification to which these courses may lead. 個別僱主可酌情決定是否承認主些課程可令學員獲取的任何資格。 The course operator is applying for exemption under the Non-local Higher and Professional Education (Regulation) Ordinance. 課程主辦人正根據(非本地高等及專業教育(規管)條例》辦理豁免註冊手續。 It is a matter of discretion for individual employers to recognize any qualification to which this course may lead. 個別僱主可酌情決定是否承認本課程可令學員獲取的任何資格。